

BEECH CATERING MENUS NOV 2024 - FEB 2025 Gluten/Dairy Free Menu

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Week commencing 04/11/24 25/11/24 16/12/24 20/01/25 10/02/25	Beef Bolognese with GF Pasta served with Carrots	GF/DF Cheese and Tomato Pizza served with Healthy Slaw and Jacket Wedge	Roast Loin of Pork served with Roast Potatoes and Seasonal Vegetables	Sweet and Sour GF/DF Chicken Nuggets served with Rice and Sweetcorn	Gluten Free Fish Fingers served with New Potatoes and Garden Peas
	GF/DF Pesto Pasta with Roasted Tomatoes served with Carrots	Vegan Jackfruit Gluten Free Tacos served with Healthy Slaw and Jacket Wedge	GF/DF Lentil Burger served with Roast Potatoes and Seasonal Vegetables	Sweet and Sour Tofu served with Rice and Sweetcorn	Rice stuffed Peppers served with New Potatoes and Garden Peas
	Dairy Free Greek Yogurt	Gluten/Dairy Free Apple Pie	Gluten/Dairy Free Chocolate Cake	Dairy Free Vanilla Rice Pudding	Jelly
	Fruit Pot	Fruit Pot	Fruit Pot	Fruit Pot	Fruit Pot
Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Week commencing 11/11/24 02/12/24 06/01/25 27/01/25	Gluten Free Beef Burger served in a GF Bap with Mixed Salad and Potato Wedges	GF/DF Pasta Carbonara served with Carrots	Roasted Breast of Chicken served with Roast Potatoes and Seasonal Vegetables	GF/DF Mild Chicken Tikka Masala served with Rice and Garden Peas	Gluten Free Fish Fingers served with Chips and Baked Beans
	Lentil Burger served in a GF Bap with Mixed Salad and Potato Wedges	Roasted Vegetable and Bean Gluten Free Pasta served with Carrots	GF/DF Vegetable Sausage served with Roast Potatoes and Seasonal Vegetables	GF/DF Lentil and Cauliflower Curry served with Rice and Garden Peas	Vegan Cheese and Gluten Free Turnover served with Chips and Baked Beans
	Watermelon Slice	Gluten/Dairy Free Lemon Sponge	Gluten/Dairy Free Flapjack	Gluten/Dairy Free Apple Pie	Gluten/Dairy Free Chocolate Cookie
		Fruit Pot	Fruit Pot	Fruit Pot	Fruit Pot
Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
Week commencing 18/11/24 09/12/24 13/01/25 03/02/25	Chicken Fillet in a BBQ Sauce served with Mashed Potato and Mixed Vegetables	GF/DF Macaroni Cheese served with Green Beans	GF/DF Sausage served with Roast Potatoes and Seasonal Vegetables	Hearty Beef and Vegetable Pie topped with GF/DF Pastry and served with Broccoli	Gluten Free Fish Finger served with Mini Roasted Potatoes and Garden Peas
	Vegetarian Gluten Free Meatballs BBQ Sauce served with DF Mashed Potato and Mixed Vegetables	Vegetable, Bean and Tofu Stuffed Gluten Free Yorkshire served with Green Beans	GF/DF Vegetable Sausage served with Roast Potatoes and Seasonal Vegetables	Dairy Free Cheese and Bean Hash served with Broccoli	GF/DF Pumpkin and Spinach Burger served with Mini Roasted Potatoes and Garden Peas
	Gluten/Dairy Free Angel Slice	Gluten/Dairy Free Jam Sponge	Gluten/Dairy Free Biscuit	Gluten/Dairy Free Chocolate Cake	Gluten/Dairy Free Jam Tart
	Fruit Pot	Fruit Pot	Fruit Pot	Fruit Pot	Fruit Pot

- GF = Gluten Free DF = Dairy Free (if something doesn't state DF/GF, this is because the meal will already be DF/GF)
- Jelly is Vegan
- All Vegetarian meals are Vegan
- DISCLAIMER = We cannot guarantee that any of our products are free from allergens, due to the use of shared equipment in a busy environment. We do however do everything we can to prevent any cross contamination and follow all guidance from environmental health.